

Facebook

# November Newsletter

Brought to you by the Vegreville & District Child Development Coalition

### 2019



### Family Budgeting



Whether it's getting your child involved in extra-curricular, purchasing a gift for a birthday party, or budgeting for the upcoming Christmas season, raising a family requires some serious financial skills! These strategies will help you get your kids involved, without



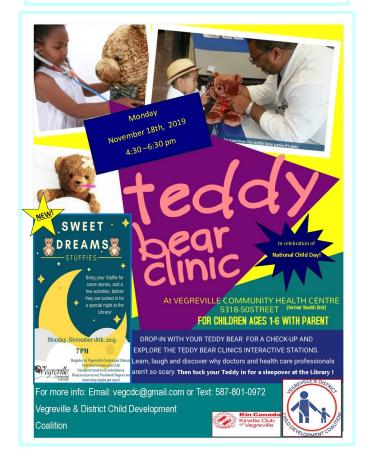
- Set a budget: Determine a price limit for gift giving, and a monthly amount that works into your budget for extra-curricular activities;
- Check in with your budget: Keep record of your purchases. Are you sticking to your price limit?
- Be on the look out for no fee activities: Check with local Community groups, your local library and other early childhood development organizations!
- **Shop early:** To avoid paying top dollar for your gifts, capitalize on the pre-Christmas sales in November.
- **Get crafty:** Engage your school-aged kids to create gifts—from homemade soap to baking, a gift handmade will beat any item purchased from a

#### How to Raise a Charitable Child

To develop the concept of "helping those in need", talk to your kids about saving their change. As their piggy bank grows, encourage them to take a portion of these coins, and help out someone in their community. Another strategy - start a parent matching program! Every loonie that is saved, Mom and Dad will donate a loonie of their own.

There is nothing more rewarding than watching your child light up as they spend these funds helping a local animal shelter or food bank. Celebrate these special moments with your child! Check out these local hotspots to have fun and keep more cash in the bank:

- \* Visit the Vegreville Centennial Library
- \* Free movie nights check the local paper for showtimes of these sponsored community events
- \* Park hop across town (snow or shine!)
- \* Check out the calendar for what programs VDCDC, CALS, PLC and AHS are running!



# Find the Fun!



### November 2019

SUN	MON	TUE		WED	TH	U	FRI	SAT
All ParentLink (PLC) Activities are Blue. All Library (VCL) Activities are Red.		Child Development Walk-In Clinic Vegreville Community Health Center 5318 50 St, Wednesday, November 6th 9-11 am and 1-3 pm			h Center ember 6th		1 CLOSED	2 Pancakes & Play 10 -1 pm.
3	4 Nature Sprouts 1030 –12. Triple P 1245—245, Drop in 2-4	5 Drop in 10-12		6 Drop in 10-12, Music Hour 230- 330 Story Time 2 pm	7 Drop in 10-12		8 Remembrance Day themed Drop in 10-12	9
10	11 Remembrance Day	12 Drop in 10-12 Fall Break		13 Drop in 10-12 Gymboree at 1-3 @ Library Story Time 2 pm	14 Drop in 10-12		15 Police Themed Drop in 10-12	16 Daddy & Me 9-10, Pancakes & Play 10-1
17	18 Triple P 1245- 245, Drop in 2-4 Teddy Bear Clin 430—630 pm	19 Drop in 10-12		20 Drop in 10-12, Parents Timeout 7-830. Story Time 2 pm	21 Drop in 10-12		22 Town Themed Drop in 10-12	23 Grandparents & Me 9-10, Pancakes & Play 10-1
24	25 Triple P 1245- 245, Drop in 2-4, Inspire & You 5- 630 @ Library	26 Drop in 10-12		27 Drop in 10-12 Story Time 2 pm	28 Drop in 10-12		29 Postal Themed Drop in 10-12 Angry Birds 2 Mov- ie Matinee 1pm	30 A Very Merry Moosemas 230pm
<b>Movie Matinee</b> Friday, November 29 <sup>th</sup> , 2019 1:00pm			Phone Numbers AFC - Aquatic & Fitness Centre Phone: 780.632.6403 AHS - Community Health Centre Phone: 780.632.3331 CALS - Community Association for				Presents A Very Merry MOOS EM AS	
Vegreville Centennial Library Gym         Bring the whole family, your comfy blankets and pillows and join us for a fun movie! We'll supply the popcorn!         Food Bank donations are gratefully accepted!			<u>La</u> Pl Pl V( Pl V(	Lasting Success Phone: 780.632.3225 PLC - Parent Link Centre			VERY MERRY MOOSEMAS is Kompany Family Theatre's 2019 sea- nal production created especially for the very youngest of audience. It is a highly interactive show chock-full of holiday-themed stories, may, adventures and fun. Ill the camp Squealy-Moo campers find the Squealy Moose in time get their Holiday Hunter Badge? They won't without your help! AUDIENCE: 3 to 10 yrs, families & caregivers. RUNNING TIME: approx. 45 minutes. SATURDAY, NOVEMBER 30 <sup>TH</sup> , 2:30PM	
THIS MOVIE IS RATED: PG Children must be accompanied by a carcegiver If you have any questions or concerns about the movie content please visit commonsemencia.org for additional information			De Pt VF Pt <u>Ki</u>	VDCDC - <u>Vegreville &amp; District Child</u> <u>Development Coalition</u> Phone: 587.280.0640 VPS - <u>Vegreville Preschool</u> Phone: 780.632.6008 <u>KidSport</u> - Phone: 780.632.3442 <u>Jump Start</u> - Call PLC, FCSS, FDH, or AFC for more information			VEGREVILLE CENTENNIAL LIBRARY GYMNASUM	

The Vegreville & District Child Development Coalition (VDCDC) is a community group promoting the importance of healthy early child development and facilitating local initiatives to support young children and families. If you would like to contribute to the newsletter or join our coalition, please contact Danielle at *vegcdc@gmail.com*. To join the VDCDC account on the "Remind Me" App, to receive information on upcoming events to your phone, text @vegreville to 587-801-0972 or email with your name and number!