

February Newsletter

Brought to you by

Vegreville & District Child Development Coalition



Language development plays a HUGE part in your child's development. We all look forward to a baby's first word or hearing a child talk about their day at school. Language development helps your child express and understanding their feelings, helps them articulate the world around them, and sets the foundation for other learning later in years.



ENCOURAGING THE LOVE OF LANGUAGE

How to increase language development? Here are some simple ways to incorporate strategies into your every day life

READING

A predictor of future reading success is the amount of time parents spend reading with their child

TALKING

Talk about your day, narrate what is happening. You are giving your child meaning and understanding to actions.



Little Jar of LOVE

Make your own Love Calming Bottle
Bottle, Gel Glitter Glue, Fine Glitter, Water

Step 1: Take label off plastic bottle

Step 2: Squeeze 1/2 inch of gel glitter glue into the bottom of the bottle & pour a small amount of glitter.

Step 3: Fill with warm water leaving 1 inch of open space. Close the lid and shake, mixing all the materials inside. Seal with either tape or hot glue where it may open.

WHERE CAN YOU GO FOR HELP?

Are you unsure if your child is reaching their developmental milestones?

There is a Child Developmental Walk-in Clinic the first Wednesday of each month. Talk to the Children Rehab Services; from speech and language services as well as occupational therapists & physical therapists

Where: Vegreville Health Unit (5318 50 St, Vegreville)

Time: 9-11 am & 1-3 pm





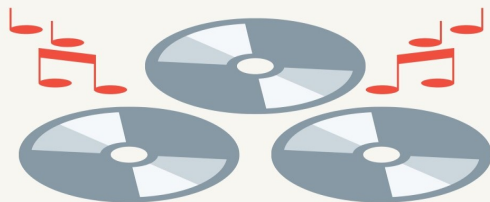
Like us on
Facebook



Find the Fun!

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
VCL Activities in Red AHS in Blue PLC in Black			Feb 5th Activities: Storytime 2pm Child Development Walk-In Clinic 9-11 & 1-3 Baby Talk Infant Nutrition: 10-1130, Drop in 10-12, Tik Tok 230-330			1 Pancakes and Play 10-1
2	3 Nature Sprouts 1030-12 at Library, Drop in 2-4, Potluck 530-7	4 Drop In 10-12		6 Drop in 10-12	7 Movie Matinee 1pm Drop In 10-12 Confused Theme	8 Pancakes and Play 10-1
9	10 Nature Sprouts 1030- 12 at Library, Drop in 2-4	11 Drop in 10-12	12 Storytime 2pm Baby Talk 9-10, Drop in 10-12, Parent's Time Out 6-730	13 Drop in 10-12	14  Drop in 10-12 Love Themed	15
16	17 Happy Family Day! 	18 Drop in 10-12	19 Storytime 2pm Baby Talk 9-10, Drop in 10-12	20 Drop in 10-12	21 Drop in 10-12 Zen Themed	22 Crafting through the Century 1-3 pm
23	24 Drop in 10-12	25 Drop in 10-12	26 Storytime 2pm Baby Talk 9-10, Drop in 10-12	27 Drop in 10-12	28 Drop in 10-12 Feelings Themed	29



Celebrating the decade 2000-2009.

CRAFTING THROUGH THE CENTURY

Join us in creating a craft made from something that was popular in the 2000s!

**SATURDAY, FEBRUARY 22 | 1-3PM
VEGREVILLE CENTENNIAL LIBRARY**

Caregiver Must be in Attendance.

Movie Matinee



Friday, February 7th, 2020



1:00pm

Vegreville Centennial Library Gym

Bring the whole family, your comfy blankets and pillows and join us for a fun movie! We'll supply the popcorn!

Food Bank donations are gratefully accepted!

Nutrition Services



Infant Nutrition

Free educational workshop in your community!

Learn about:

- Starting solid foods
- Helping baby accept new foods
- Making healthy baby food
- Hot topics like baby-led weaning

Location: Vegreville Community Health Centre, 5318 50 St

Upcoming Dates: Wednesdays

February 5, 2020

June 17, 2020

October 7, 2020

Time: 10:00 a.m. —11:30 a.m.

To register call: 780 632 3331

Part of the Baby Talk Program



Infants are welcome to attend!
We kindly ask that you make alternate arrangements for your older children.

THIS MOVIE IS RATED: PG

Children must be accompanied by a caregiver.

If you have any questions or concerns about the movie content please visit commonsensedia.org for additional information.



The Vegreville & District Child Development Coalition (VDCDC) is a community group promoting the importance of healthy early child development and facilitating local initiatives to support young children and families.